

## A TYPICAL DAY AT NORTHWAY

- 7:30 Wake up call
- 8:00 Breakfast
- 9:30 Morning Council, send off trips
- 10:00 Lessons and Dock Duty
- 12:00 Dock Duty ends
- 12:30 Lunch
- 3:00 Rest Hour ends, Free Swim, Greet Trips, Activities and Appointments
- 4:00 Wash Dips
- 5:00 Play Rehearsals
- 6:00 Dinner
- 6:30 Evening Dock Duty
- 7:30 Campfire

Every day between Breakfast and Morning Council is a time to tidy up the tent, change to swimsuits for lessons, and pack for trips.

Morning lessons between 10:00am and 12:00 noon consist of a half hour lesson in each of the waterfront activities: swimming, sailing, canoeing and kayaking. During afternoon lessons between 3:00pm and 5:00pm, campers attend the activity areas of their choice. Arts and Crafts and the Nature Program are also available during this time.

Sundays: Breakfast and Morning Council are ½ hour later. A Sunday morning walk or work-shift takes the place of morning lessons.