

WHAT TO BRING TO CAMP CAMP NORTHWAY SUGGESTED OUTFIT LIST



What to pack for camp? At Northway, there is no required uniform. We recommend sending older clothes, because when having fun at camp, we can get a little dirty.

Laundry is sent out in the middle of each 13-day session and returned the next day.

Following the camp packing list are some hints and tips about particular items. The list is for a 25-day session. Please adjust according to the length of stay.

A Few Helpful Notes:

- **Packing to Arrive/Depart Camp:** All items should fit into your child's duffel bag and trip pack.
 - Staff will help your child get their bags to their tent. Duffels and trip packs are stored under the bed during camp.
 - A large wooden chest is provided for clothing, and a smaller one is available for other personal items for each camper in the tent.
- **A Small Pack or Bag:** Is useful for valuables and items for the ride to and from camp
- **Name Labels:** Label everything! Without a label, we can't return camp lost and found items. Unclaimed items will be donated to charity in the fall.
- **Leave Valuables at Home:** Special/ expensive jewellery, cameras, etc. are not to be brought to camp.
- **Cell Phones are Not Used as Cameras or Clocks at Camp:** If your child is travelling with their cell phone, we will store it in the camp safe. Please see our electronics policy.
- **No Electricity Means No Re-chargables:** Please do not send flashlights, watches, cameras, etc. that require re-charging. We do not have the ability to charge items. Battery operated only, please.
- **Cameras:** Many campers want to take photos while at camp.
 - Disposable cameras prevent worries about cameras getting lost.
 - Older, second-hand digital cameras can often be bought at thrift shops at very reasonable prices.
- **Lifejackets/PFD's:** A government-approved pfd (personal floatation device) or lifejacket is required for all campers. Paddling-style pfd's may be preferable, particularly if your child enjoys longer canoe trips. Transport Canada recommends bright **orange, yellow or red** colours to be highly visible in water.

CAMP NORTHWAY SUGGESTED OUTFIT LIST

Clothing/Footwear:

- 5 T-shirts
- 3 long sleeved shirts
- 2-3 warm pullover layers (eg sweatshirt, fleece, sweater)
- 3 pairs jeans or long pants
- 4-6 pairs shorts
- 2 pair pyjamas, 1 warm pair
- 6-8 pairs socks (2 pair should be wool for canoe and hiking trips)
- 12 pair underwear
- 2-3 bathing suits
- 1 sunhat
- 1 raincoat or rain suit (waterproof/suitable for heavy rain)
- 1 lightweight jacket
- 1 pair running shoes
- 1 pair sandals/water shoes for in camp (crocs, tevas, keens, etc.) +
- 1 pair sandals for trip campsites ++
- 1 pair hiking boots for canoe/hiking trips
- 1 pair quick-dry/lightweight pants and long-sleeved shirt for canoe trips +++

Bedding/Linens:

- 2 sets single bed sheets
- 2 pillowcases
- 1 pillow
- 2 blankets (single sized)
- 3 towels
- 1 washcloth or body pouf/loofa
- 1 laundry bag (**with your camper's name marked in large, easy-to-find print**)

Toiletries:

- 1 **biodegradable** soap or body wash
- 1 **biodegradable** shampoo (and conditioner, if desired)
- 1 comb and brush
- 1 or 2 toothbrushes
- 1 toothpaste
- 1 deodorant
- 1 basket for carrying toiletries
- 1 lip balm
- Tampons and/or sanitary pads (**biodegradable**)
- 1 bottle sunscreen for canoe trips

Other Essentials:

- 1 duffel bag (for packing your child's gear to get to/from camp)
- 1 canoe trip pack *
- 1 sleeping bag (lightweight, packs small)
- 2 water bottles (wide-mouth is best for ease of filling and washing)
- 1 flashlight or headlamp (with extra batteries—do NOT send re-chargeable items, as there is electricity to charge items)
- hair elastics
- waterproof watch (inexpensive)
- sunglasses
- 1 box Kleenex
- bug spray
- 2nd pair of prescription glasses, or contacts
- 1 government-approved pfd (personal floatation device) or lifejacket, for paddling

Letter-writing items:

- Pens, pencils
- Writing paper
- Envelopes (pre-addressed or include a list of addresses for family and friends)
- Canadian stamps (available in the camp store)
- A package of masks that fits your child comfortably, to be prepared for wildfire smoke, etc.

Optional Items:

- musical instrument
- books, games, cards
- journal
- dry bag for canoe trip ^
- clothesline rope and clothespins
- bathrobe
- casual sundress
- warm hat
- swim goggles
- eyeglasses/sunglasses lanyard (floating lanyards to prevent losing glasses in the lake)
- compression sack for sleeping bag
- costumes (for dress-up, drama)
- disposable or inexpensive digital camera
- sketch pad and pencil crayons



A Good Camper Travels Light

- + In-camp sandals are for wearing on the docks, around camp, and are ideally easy to get on/off. Flip flops can be difficult in our terrain.
- ++ Campsite shoes are a change of footwear from hiking boots when on trips. These can be the same sandals worn in-camp, but if your child goes on longer canoe trips, they may want a separate pair.
- +++ Quick-dry clothing can be very helpful on trips, and a light layer can provide sun and bug protection on trips. These can be layered for added warmth on a cool evening, as well.
- * The canoe trip pack will hold your child's sleeping bag, change of clothing, rain gear, campsite shoes, shared toiletries, waterbottle, flashlight etc. when on trip. Please refer to our website resource page for more information on canoe trip packs
<https://www.campnorthway.com/resources/>
- ^ A dry-bag is a waterproof storage bag with a roll top that can be used inside your child's pack to keep their sleeping bag and clothing dry in rainy conditions. Camp will provide a clear plastic garbage bag to use in your child's pack if they don't have a dry bag.

Biodegradable products:

Biodegradable products such as CampSuds, Dr. Bronners, and Sea-to-Summit can be used for both hair and body, and for handwashing any clothing, if desired. Live Clean, Honest Company, and others have biodegradable shampoos, conditioners, and body wash.

Natracare and Pee Safe make biodegradable tampons and sanitary pads.

Product names are used as a guideline; please research products to find the items you would like to use.

At Camp:

Summer nights can get chilly, so we recommend one pair of warmer pyjamas, with long sleeves and pants. Two blankets are recommended for use in camp to keep warm. Campers may use their sleeping bag as an additional layer, but if it gets wet on a canoe trip that may not be a possibility for every night.

Camp Birthday (August 18) Clothing: Our final night banquet has a colour component, based on a camper's connection to Northway. Most campers are "first generation"—they are the first generation in their family to come to camp. However, some camper's parents or grandparents attended camp before them. Each generation wears a specific colour for Camp Birthday.

- First generation—blue
- Second generation—red
- Third generation—green
- Fourth generation—yellow

Campers traditionally wear a coloured T-shirt with light-coloured pants/shorts; many opt to wear a casual sundress in their colour.